

MellomVenner



*Brubyen Lodge 4-576, Saskatoon
Saskatchewan, Canada*



In this issue

| | |
|--------------------|--------|
| Executive Reports | |
| President | p. 1-3 |
| Secretary | p. 3-4 |
| Special Days | p. 2 |
| Kalender | p. 3 |
| Thinking of you | p. 4 |
| Board of Directors | p. 5 |
| Officers | p. 6 |
| Notices | p. 6 |
| From the Editor | p. 6 |
| At the Lodge | p. 7 |
| Litt på norsk... | p. 8 |



Velkommen Venner

Fra presidenten

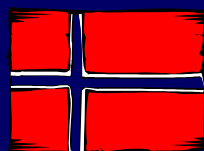
FROM THE PRESIDENT

April 2019

Spring

is sprung! Well, the snow is gone, the sun is shining most days and puddles have dried up! We'll see what April brings.

Eight members attended the March 21, 2019 General Meeting. After the business was concluded, we drew numbers to see which bag lunch was ours to enjoy. Thanks to everyone for the interesting and tasty lunches.



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.



MEMBERSHIP DINNER



Thursday April 18, 2019 starting at 6:00 pm in the Fairfield Seniors Centre

Bring your family and friends to join us for the evening. Members are asked to contribute to the meal.



Gratulerer
med
dagen!



- 5 Judy Akins
- 10 Irene Johnson
- 11 Wendy Dalen-Johnson
- 13 Karen Larson
- 14 Swen Garvik



- 12 Charlene & Murray
Willoughby

Fra presidenten continued...

Please let Diane know how many guests you will be bringing to the dinner. You can call 306-373-3156 or e-mail at edberg@sasktel.net
We need to know the numbers to ensure that there is enough food.



The menu for the dinner is ham, salads and dessert. The following people have said they will bring:

- Eunice & Graham Begg – Ham [Yes, they will be home in April!]
- Diane Berg – 7-layer salad & rye bread/butter
- Sharon Voyer & Kathy Fenton – potato salad
- Myrtle Dixon – coleslaw
- Doreen Uhl – Ambrosia salada
- Mildred Norum – pickles
- Myrna Kennedy – punch
- Alfred Hovdestad – ice cream
- Sharon Voyer – cake

There is certainly room for more salads. It is always interesting to taste the variety. If you are planning to attend, please let Diane know what you will be bringing. I will let everyone know how many people will be attending the dinner.

Just for your information, there were 2200 people who attended the Heritage Festival at the Western Development Museum on February 2, 2019.

At the March meeting we talked about Syttende Mai [which Brubyen is hosting]. May 17 is a Friday so we have to move to a different location. Marcel Voyer offered the Saskatoon Snowmobile Clubhouse as a possibility. It is north of the city but south of the Corman Park Industrial area – not hard to find. Last week I went with Marcel to see the Clubhouse. It has the amenities that we would need for a BBQ and we could be inside if the weather is inclement. It is not fancy but quite adequate for the purpose. Alfred Hovdestad was also going to see the location as we talked possibly having the Solstice event on June 21 there.

Folkfest will be August 15-17 at Holy Cross High School. It is the 40th Anniversary so the theme will be “Discover Memories”.



Fra presidenten continued...

Also start planning to attend the Zone 4 Sports Weekend hosted by Nisse Lodge, North Battleford. Events will take place at Meota with hotels in NB. The date is June 7-9, 2019. Sports will include bowling, cards, golf, and others. Watch for further information.

Keep a couple of other dates in mind: Dead Fish Society meets on Friday, April 5 at Smitty's, Market Mall at 6:30 pm. We've moved from Buggy's pub as it is so noisy and crowded. The Board of Directors meeting will be 7:30 pm at Legion Manor on April 11, 2019.

Brubyen Lodge does have a website which Bjorn Hunter started when he was Secretary. Alfred has been putting the newsletters and some pictures on the site but it needs some more updating. Sharon Voyer is interested to work on it and is looking for some "training" from Alfred and/or anyone else with experience on websites.

Lastly, but certainly not least, at least for me! I now have a date for hip replacement surgery – Monday, May 6. This means that I will be out of commission for a few weeks [at least for May and early June]. So I am counting on the rest of our regular meeting attendees to carry on with the plans that we have made. Hip Hip Hooray!

Fraternally,
Diane

306-373-3156

edberg@sasktel.net

Unless otherwise indicated,
all events are held at:

Fairfield Senior Citizens
Centre
103 Fairmont Court
Saskatoon

Dead Fish Society
Social Hour
at Buggy's Pub in
Market Mall, 6:45 pm
April 5th
May 3rd
June 7th
(1st Friday each month)

Norwegian Whist
Apr. 10th, 7:30 pm
May 8th, 7:30 pm
(2nd Wed each month)

Monthly Event
Social/Cultural
Evening
Apr. 18th, 6:00 pm
(3rd Thurs each month)

Fra sekretæren

BRUBYEN LODGE MARCH GENERAL MEETING MINUTES

Thursday, March 21, 2019 at 7:30 pm, Fairfield Seniors Centre

1. The meeting opened at 7:39 pm with 8 members present.
2. The Membership Secretary position was discussed.
3. Myrtle Dixon/Myrna Kennedy moved that the January 10, 2019 General meeting minutes be adopted as circulated. Carried



Condolences

Sympathy extended
to

**GET
WELL!**

Notify if
sunshine required
at 306-999-9999.



Fra sekretæren continued...

4. No Board of Directors meetings were held in February or March.
5. Correspondence – received the 2019 District IV Directory
6. Treasurer’s Report – Sharon Voyer
 - a. Monthly Statements for January and February
 - b. Sharon Voyer/Kathy Fenton moved that the 2018 Financial Statement be accepted as presented. Carried
 - c. Sharon Voyer/Myrna Kennedy moved that the budget for 2019 be accepted. Carried.
7. We are down to 58 members including Heritage and Unge Venner.
8. Dead Fish Society cancelled in February and March.
9. Trollhaugen Camp in Alberta will be August 11-17, 2019. Kathy Fenton is planning to attend with some of her family.
10. 3 people attended the Nisse Lodge cards and bowling on March 19 at North Battleford.
11. 2019 Sports Weekend will be held at Meota on June 7-9.
12. Summer Solstice – June 21- was discussed. No decision as to whether or where to hold it.
13. Folkfest is August 15-17, 2019. We are in Holy Cross Collegiate. It is 40th Anniversary “Discover Memories”.
14. Heritage Festival, Feb 2, thanks to Sharon & Marcel for helping and Diane’s son, Andrew, who helped her with set up.
15. Membership Dinner on Thursday, April 18, 2019 at 6:00 pm. It will be a pot luck supper with ham, salads and dessert. Diane needs to know how many members and guests will be attending.
16. Syttende Mai location. Will explore using the Saskatoon Snowmobile Club Clubhouse as the location for a BBQ. Diane and Alfred to go with Marcel to check it out.
17. We will continue to hold Board Meetings at Legion Manor at a cost of \$ 20 per meeting. There will not be a meeting every month.
18. Lutefisk and Meatball Supper – Dec 1, 2019 – may be held in conjunction with the SNCS. We will do “Gee We;’re Glad You’re Norwegian at that time.
19. Meeting adjourned at 8:50 pm followed by our special bag lunch.



Board of Directors

Diane Berg

President
306-373-3156
edberg@sasktel.net

Marcel Voyer

Vice-President
306-384-2420
msvoyer@shaw.ca

Vacant

Secretary

Sharon Voyer

Treasurer
306-384-2420
msvoyer@shaw.ca

Vacant

Membership Secretary

Phyllis Byers

Cultural Director
306-373-6478
jp64@sasktel.net

Myrna Kennedy

Social Director
myrna.kennedy@sasktel.net

Kathy Fenton

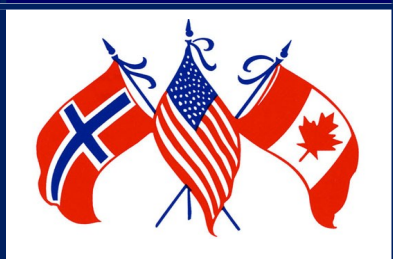
Sports Director
306-374-4505

Fish Waste to Power Cruise Ships

A new initiative will use green energy to power ships in Norway. Norwegian company Hurtigruten plans to convert at least six of its cruise liners to use biogas made from fish waste by 2021. Converting the ships to use this fossil-free fuel will reduce greenhouse gas emissions and help efforts to eliminate pollutants.

The reason for using fish waste is due to Norway's high number of fishery sectors and access to high volumes of organic waste, placing Norway in a great position for the biogas market. The ships will also use large battery packs capable of storing energy produced from renewable sources.

In addition to using biogas, Hurtigruten will be banning single-use plastics to create environmental sustainability. Hurtigruten's numerous efforts will help decrease the ships' negative impact on the environment and will be a solid step toward environmental preservation. To learn more about Hurtigruten's efforts in going green, visit <https://www.hurtigruten.com/us/press-releases>





Officers

- Ellwood Jones** - Assistant Sports Director
- Mildred Norum** - Counselor
- Vacant** - Sunshine
- Myrna Kennedy** - Greeter
- Graham Begg** - Foundation
- Vacant** - Historian
- Nancy Iverson** - Librarian
- Myrtle Dixon** - Assistant Librarian
- Vacant** - Assistant Librarian
- Marcel Voyer** - Marshall
- Chris Byers** - Marshall
- Natasha Tripp** - Marshall
- Marcel Voyer** - Trustee
- Kayla Ingram** - Trustee
- Inger Anderson** - Auditor
- Dennis Akins** - Auditor
- Alfred Hovdestad** - Auditor
- Eunice Begg** - Volunteer Coordinator

Editor

Alfred Hovdestad
343 Keeley Crescent
Saskatoon, SK S7J 4B8
alfred.hovdestad@usask.ca
306-373-6694

Notices – April Social/Cultural Event

Membership Dinner
Fairfield Seniors Centre
6:00pm

Bring your family and friends to join us for the evening. Members are asked to contribute to the meal.

Please let Diane know how many guests you will be bringing to the dinner. You can call 306-373-3156 or e-mail at edberg@sasktel.net

Fra redaktøren

Kjære venner,

I went to a seminar called *Learn to Camp* at the Cliff Wright branch of the Public Library last week. Now I can't wait to get out to the lake this summer.

We also have Syttende Mai in May, and the Zone 4 Sports Weekend and St. Hans day in June, and Folkfest in August. It's going to be a busy summer.

I don't know if I will make it to all of the events but I'm sure going to try!

Brubyen Web Site

<http://sofnasaskatoon.wixsite.com/brubyenlodge/>

Fraternally,
Alfred Hovdestad

Deadline for the next newsletter

Apr. 27th



Tiny Almond Pies

Top off your Easter supper with this tasty dessert, laced with delicate almond flavor.

Ingredients

For the dough:

Scant 2/3 cup unsalted butter
1 cup flour, sifted
1 egg yolk
3 1/2 Tbsp. cold water
1 Tbsp. Cognac

For the filling:

1 1/4 cups ground almonds
1 cup sifted confectioner's sugar
3 egg whites, lightly beaten



Recipe

Step 1

Divide the butter into three pieces of equal size. Crumble one piece into the flour.

Step 2

Whisk the egg yolk into the water and add. Knead lightly and form into a square. Wrap in plastic and refrigerate 30 minutes. Let the remaining butter rest at room temperature.

Sprinkle the baking surface with flour. Roll the dough out into a thin rectangular. Spread half the remaining butter over 2/3 of the dough.

Step 3

Fold over the plain section, then fold over the other section with butter, like a business letter. This forms a rectangle with three layers of dough and two of butter. Roll into a rectangle and fold into thirds. Refrigerate 30 minutes.

Step 4

Roll out the dough and spread with the remaining margarine. Fold into thirds, roll out again and fold into thirds. Refrigerate the dough for 30 minutes. Preheat the oven to 200° C (400° F). Grease sandkake (small fluted pie) tins.

Step 5

Roll the dough out into a 2 mm thin sheet. Cut into circles slightly larger than the diameter of the tins. Press into the tins.

Step 6

For the filling, combine almonds with powdered sugar and egg whites. Place about 1 1/2 teaspoons of filling in each form.

Step 7

Cut out 8 mm (1/3") strips of dough and arrange in an "x" over the filling. Tuck the ends between the filling and the crust.

Step 8

Bake on a baking sheet on the lowest oven shelf about 20 minutes. Makes 12-14 cakes.

This recipe is taken from "The Norwegian Kitchen" which is available for purchase through the Vesterheim Museum Bookstore: (800) 979-3346 or www.vesterheim.org.



Litt på norsk...

Arkeologer Fant over 9000 År Gammel Nøtt i Sykkylven

Arkeologene i Møre og Romsdal er godt fornøyd med et funn de gjorde i Sykkylven i sommer – en 9100 år gammel hasselnøtt.

– Nøtta var delvis brent. Så enten har det vært en brann i området, eller så har noen ristet nøtter her for om lag 9000 år siden, sier fylkeskonservator Bjørn Ringstad til Sunnmørsposten.

Nøtta ble funnet under de arkeologiske registreringene på Bakkeøyene i Sykkylven i sommer, på tomte der det skal bygges en ny skole.

– Også ved utgravingene på Auremarka fant vi nøtteskall i en av ildgropene. Da fant vi en hel grop full av brente hasselnøttskall. Men dem har vi ikke alderen på, sier han.

Nøtteskallet som ble funnet i Bakkeøyene er analysert ved et laboratorium i USA. Ringstad sier det er et artig funn, som beviser at det har vokst hasselnøtter på funnstedet i mange tusen år – helt tilbake til steinalderen.

and a little in English

Archaeologists Find Over 9,000 Year-Old Nut in Sykkylven

Archaeologists in Møre og Romsdal are very pleased with a discovery they made in Sykkylven this summer - a 9100 year-old hazelnut.

“The nut was partially burned. So either there was a fire in the area, or someone roasted nuts here about 9,000 years ago,” county curator Bjørn Ringstad told Sunnmørsposten.

The nut was found during archaeological surveys on the Bakke Islands in Sykkylven this summer, on a site where a new school will be built.

“We also found nutshells in one of the fire pits at the excavations in Auremarka. Then we found a whole pit full of burnt hazelnut shells. But we have not determined their age yet,” he says.

The nutshell found in the Bakke Islands was analyzed by a laboratory in the United States. Ringstad says it is a fun find, which proves that hazelnuts have grown on the discovery site for several thousand years – all the way back to the Stone Age.