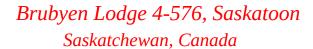
MellomVenner







In this issue

At the Lodge

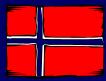
Litt på norsk...

Executive Reports

p. 1-3 President Secretary p. 3-4 Special Days p. 2 Kalender p. 3 Thinking of you p. 4 **Board of Directors** p. 5 Officers p. 6 Notices From the Editor p. 6

p. 7

p. 8



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway,

to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.



Lunch is served!

Fra presidenten

FROM THE PRESIDENT

February 2019

I sit down to write this newsletter report having just heard that Brubyen Lodge has just lost a long time member. Dorothy Haroldson has been our Membership Secretary for many terms. She conscientiously checked the monthly activity report and followed up on members who were overdue on paying their fees. Sometimes it took several phone calls but she persisted. Over the years Dorothy has worked countless hours as a volunteer at the Norwegian pavilion at Folkfest; you could always find her in the kitchen at lodge events; and she gladly contributed rommegrøt or rice cream to our menu. She also volunteered for other organizations and was a passionate member of Eastern Star along with her daughters, Phyllis and Anita.

Our condolences go out to Dorothy's family at this time. She will be missed!

Eleven members attended the January general meeting of Brubyen Lodge. Other than regular business, the main discussion centered around possible program ideas for the coming months. Since our two Program Planning Groups have fewer members to do the work and to try to come up with meeting programs, it was felt that it would be beneficial if we planned as a whole group. Each group will still be responsible for hosting meetings — providing a lunch/meal and presenting a program. At the meeting we arrived at a schedule of meetings and programs for 2019.

<u>February 21</u> is a cultural/social event with Group 2 hosting. We will start at 6:00 pm with a smorgasbord of open face sandwiches. You will have the opportunity to make



Gratulerer med dagen!

- 07 Pam Smith
- 12 Arne Unseth
- 13 Milred Norum
- 17 Nancy Iverson
- 20 Erika Dowling
- 22 Maureen Johnson
- 25 Kathy Fenton



13 Dennis & Judy Akins

Mellom Venner - February 2019

Fra presidenten continued...



your own sandwich with the ingredients supplied. There will also be suggestions as to topping mix and matches. The supper will be followed by a Games night.

<u>March 21</u> is a general meeting with Group 1 hosting. Each member attending is asked to bring a bag lunch suitable for one person. The bags will be numbered and drawn for. Program may be ancestor stories?

April 18 is our annual New Member Dinner starting at 6:00 pm with Board of Directors hosting. We will book entertainment and "Gee, We're Glad You're Norwegian" presentations will be made. Be sure to invite family, friends, neighbours to join us that evening. The menu will be ham (provided) and a variety of salads (pot luck by members) with emphasis on Norwegian desserts.

<u>May 17</u> is our Syttende Mai celebration in conjunction with the Saskatoon Norwegian Cultural Society. Brubyen Lodge is hosting. Current plans are to have a picnic at the site of the Snowmobile Clubhouse just north of the city.

<u>June 20</u> is a general meeting with Group 2 hosting. We are hoping to have an author join us to speak about his 3 books, one just recently published.

<u>June 21</u> is the Summer Solstice or St. Hans Day. No specific plans have been made for this event but it will be at a different location.

<u>August 15-17</u> is Folkfest. Many of us will volunteer at the pavilion or at our Lodge display table.

<u>September 19</u> is the first general meeting of the fall. Group 1 hosting. This is usually our special birthday and anniversary celebrations.

October 17 is a cultural/social event with Group 2 hosting. October is Foundation month so personal donations are encouraged. The program will be an "ART" night with Doreen Uhl and a couple of other artists instructing us in the art of painting with acrylics. Don't worry if you are not artistic, you may surprise yourself and have fun doing it!!

<u>November 21</u> is a general meeting with Group 1 hosting. This is our annual memorial service. We will start at 6:00 pm with a pizza supper [November is Pizza Month].

<u>December 1</u> has been our Lutefisk & Meatball Supper date. We cancelled last year's dinner but are we done forever!

SO, there it is, 2019 in a nutshell. It looks like it will be an interesting year. We will continue to seek new members for Brubyen Lodge. Remember the motto: Each person get one – member that is!

Don't forget that we play Norwegian Whist at the Fairfield Seniors Centre on the second Wednesday of the month at 7:30 pm. We are in need of some new players! A player does not need to be a member of Brubyen Lodge to play whist. Bring family members, friends or neighbours who like to play cards. A few members of the Seniors Centre usually play with us and their participation is most appreciated.

Speaking of the Fairfield Seniors Centre! A membership is only \$ 10.00 per year. It is a very active group – check their newsletter for all of the events held there. They have welcomed us as "tenants", generously provided room for our 3 cupboards and the library and have charged a very fair rental fee. I'm sure they would appreciate having our members take out a membership in the Centre.



Unless otherwise indicated, all events are held at:

Fairfield Senior Citizens
Centre
103 Fairmont Court
Saskatoon

Dead Fish Society
Social Hour
at Bugsy's Pub in
Market Mall, 6:45 pm
February 1st
March 1st
April 5th
(1st Friday each month)

Norwegian Whist Feb. 13th, 7:30 pm Mar. 13th, 7:30 pm (2nd Wed each month)

Monthly Event
Social/Cultural
Evening
Feb. 21st, 6:00 pm
(3rd Thurs each month)

Mellom Venner - February 2019

Fra presidenten continued...



Lastly, as started by Bjorn Tokle, the Dead Fish Society is still meeting on the first Friday of the month. We have moved out of Bugsy's Pub [noisy & crowded] and into Smitty's restaurant beginning at 6:30 pm. You can still get a "libation" from the bar but the quieter atmosphere is conducive to good conversation and laughs. It's a social hour, not an all-night gathering. Come out and get to know your fellow members in a different setting.

As I write this, the snow has stopped falling but the wind is still blowing and residents will start digging themselves out – a necessary chore even though it is around -20 C. Many of us will be attending Dorothy's memorial service on Monday, February 4.

Lastly, I am also preparing for the Brubyen Lodge display table at the Heritage Festival, Western Development Museum from noon to 5:00 pm. There are usually close to 3000 people, singles, couples, families, who attend the free admission day, regardless of the cold. It will be fun to talk to the people walking by on Boom Town's Main Street, many new but many whom we have met at the same event year after year.

Lastly, don't forget our February 21 cultural/social event starting at 6:00 pm hosted by Group 2. Supper will be a "make your own" open face sandwich *smørbrød*. Bread, butter, cream cheese, lettuce, will be supplied. Bring something for a sandwich topper – blue cheese, cherry jam, cucumbers, smoked salmon or gravlax, hard boiled eggs, ham, cheese, thinly sliced red onions, tomatoes, apple slices, shrimp, mayonnaise, thinly sliced roast beef, sprouts, Geitost [cheese], Jarlsborg cheese, headcheese. Everything should be thinly sliced – this makes it easier to build up your sandwich. If you can, phone or e-mail me with your choice of food contribution before the meeting so that we all don't bring hard boiled eggs!!

Attendance will probably be dependent on the weather but we have been getting 11 - 16 members out to meetings so your contribution to the smørbrød does not have to feed 25 people.

Thanks to Group 1 for hosting the January meeting with 11 members out. The business meeting was short; we "brainstormed" ideas and actually planned the meetings/programs for 2019; and then we coloured. Judy Akins brought crayons, pencil crayons, markers and a number of pages for colouring that described some aspect of Norwegian life and history. So we coloured and chatted and shared the information from the pictures, learning something and relaxing.

Looking forward to seeing you out to the February meeting!

Fraternally, Diane

306-373-3156 edberg@sasktel.net

Fra sekretæren

BRUBYEN LODGE JANUARY GENERAL MEETING MINUTES

January 15, 2019 at 7:30 pm Fairfield Seniors Centre

President Diane Berg welcomed eleven members to the meeting and declared it open at 7:38 pm.

We did not have an installation of Lodge Officers because there were no changes in any office.



Condolences

Sympathy extended to Phyllis & Chris Byers





Mellom Venner - February 2019

Fra sekretæren continued...



The Minutes of November 15, 2018 general meeting were read. Mildred Norum moved, seconded by Nancy Iverson, that the minutes be adopted as corrected.

Minutes of the January 10, 2019 Board of Directors meeting were read.

Correspondence was mainly newsletters from various lodges plus our Mellom Venner.

Sharon Voyer gave the Treasurer's Report with the monthly statements for November and December 2018. Our cash on hand is healthy. The 2018 audit will be completed in early February. Sharon is working on the 2019 budget but it will be similar to 2018.

Diane gave the secretary's report re Lodge of the Year Forms to be in by February 15. Sharon would keep the Brubyen Lodge website updated if she had some help/training – Alfred? We still need a volunteer to be our secretary.

Membership Secretary – Dorothy is still in hospital. As of December 31 we have 60 members.

Social Director – Myrna Kennedy was absent. Planning groups to stay the same.

Cultural Director – no report from Phyllis Byers

Sports Director – Kathy Fenton. No whist in January. Legion Manor is going to charge us \$20 to meet in their social room for the Board meetings. February meeting place TBA.

Library - Nancy Iverson. An inventory needs to be done to see which books are missing.

Newsletter, Foundation, Vice President – no reports

President's Report – Diane. Brubyen Lodge is hosting the 2019 Syttende Mai celebration. Looking at having a weiner roast at the Snowmobile Clubhouse just north of the city.

The Heritage Festival is on February 3, 2019 at the WDM.

The April cultural/social event will be our New Members Dinner – same menu as last year [ham and variety of salads – pot luck].

We then spent time brainstorming program ideas as it is difficult for our small host groups to come up with a program/lunch, etc. We ended up with a plan for all of our 2019 meetings.

The meeting was adjourned at 8:16 pm. Group 1 provided a great lunch and a fun program which took us back to our childhood and we attempted to colour within the lines.

Respectfully submitted: E. Diane Berg





Diane Berg

President 306-373-3156 edberg@sasktel.net

Marcel Voyer

Vice-President 306-384-2420 msvoyer@shaw.ca

Vacant

Secretary

Sharon Voyer

Treasurer 306-384-2420 msvoyer@shaw.ca

Vacant

Membership Secretary 306-373-6478

Phyllis Byers

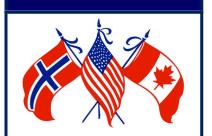
Cultural Director 306-373-6478 jp64@sasktel.net

Myrna Kennedy

Social Director myrna.kennedy@sasktel.net

Kathy Fenton

Sports Director 306-374-4505



A Heartwarming, Sweet Treat



In Norway, heart-shaped vafler (waffles) are served for dessert or as a treat. Why not make them for your loved ones this Valentine's day or any time soon?

Ingredients

6 eggs

½ Cup sugar

1 Tsp. ground cardamom

1 ½ Cup flour

1 tsp. baking powder

Pinch of salt

1 Cup sour cream

½ Cup melted butter

3 Tbsp. butter for frying



Step 1

Mix eggs, sugar, and cardamom together in a big bowl.

Step 2

Add in flour, baking powder, and salt.

Step 3

Mix these ingredients and beat in sour cream and butter until the batter is smooth. Let the batter sit for about 20 minutes before you being making the waffles.

Step 4

Heat up the iron and brush some of the butter of the surface, you are now ready to make waffles.

Step 5

Pour 1/4 cup of the batter in the iron and wait for the waffle to become light brown.

Step 6

Take it out (watch out, it's hot!) and serve it warm.

Step 7

Top with jam, whipped cream, or sour cream. Try different toppings, or make a waffle sandwich.

https://www.sofn.com/norwegian_culture/recipe_box/baked goods breads and desserts/vafler waffles/

Mellom Venner - February 2019



Notices – February Social/Cultural Event

Make Your Own smørbrød February 21, 2019 6:00pm Fairfield Seniors Centre

Ellwood Jones Assistant Sports Director Erg re

Mildred Norum - Counselor

Vacant - Sunshine

Myrna Kennedy - Greeter

Graham Begg - Foundation

Vacant - Historian

Nancy Iverson - Librarian Myrtle Dixon - Assistant

Librarian

Vacant - Assistant Librarian

Marcel Voyer - Marshall

Chris Byers - Marshall Natasha Tripp - Marshall

Marcel Voyer - Trustee **Kayla Ingram** - Trustee

Inger Anderson - AuditorDennis Akins - AuditorAlfred Hovdestad - Auditor

Eunice Begg - Volunteer

Coordinator

Editor

Alfred Hovdestad 343 Keeley Crescent Saskatoon, SK S7J 4B8 alfred.hovdestad@usask.ca 306-373-6694

Fra redaktøren

Kjære venner,

Deepest condolences to Phyllis and Chris Byers on the passing of Dorothy. I have worked alongside Dorothy and Phyllis since I first got involved with Folkfest. I have appreciated her knowledge and passion for all things Norwegian.

I hope that you are surviving the cold weather. Saskatoon has many activities planned for February but the weather doesn't seem to want to co-operate.

One of these years I will be one of those people that heads off to somewhere warmer to escape winter for a few days.

For now, I think I will wrap up under a blanket, drink a cup of tea, watch some Netflix and read a good book.

I'll see you at the Lodge meeting.

Brubyen Web Site

http://sofnsaskatoon.wixsite.com/brubyenlodge/

Fraternally,

Alfred

Hovdestad

Deadline for the next newsletter

March 1, 2019

At the Lodge















Page 7 of 8

S*N

Litt på norsk...

Forskere har funnet store mengder mynter, nåler og perler under gulvet i gamle kirker

De små skattene forteller en mørk historie om middelalder-kulturen i Norge

Arkeologer har funnet flere enn 20 000 mynter, perler og nåler under gulvet i de gamle norske stavkirkene. Hele 10 286 av myntene er fra årene 1180 til 1320. I middelalderen fantes det antakelig over tusen stavkirker i Norge. I dag er 28 stavkirker bevart. I tillegg har Norge antakelig et par hundre andre kirker med røtter i middelalderen. Myntfunnene i kirkene avslører hvor utbredt mynter var på bygda i Norge allerede 800 år tilbake.

Kjønnene på hver sin side

I middelalderen sto folk oppreist i kirken. Bare gamle og syke fikk plass på benker langs sidene.Antakelig var det også en klar en inndeling mellom kjønnene. Kvinner på nordsiden av kirkerommet og menn på sørsiden.

 Da vi undersøkte hvor i kirkerommene det var funnet nåler, perler og andre kvinnerelaterte gjenstander under gulvet, så fant vi at mer enn 95 prosent lå under nordsiden av kirkeskipet, sier Svein Harald Gullbekk, forsker i arkeologi ved Universitet i Oslo.

Slik fikk Gullbekk til fulle bekreftet den strenge inndelingen i middelalderkirkene, der kvinnene måtte stå på den siden folk forbandt med de mørke og kalde kreftene i naturen. Mennene hadde plass på sørsiden.

and a little in English

Researchers Find Large Amounts of Coins, Hairpins and Pearls Under the Floors of Old Churches

Small treasures tell a dark story about Norway's medieval culture

Archaeologists have found more than 20,000 coins, beads and hairpins under the floorboards of old Norwegian stave churches. A total of 10,286 of the coins are from between 1180 and 1320 A.D. In the Middle Ages, there were likely thousands of stave churches in Norway. Today, 28 stave churches remain standing. In addition, Norway probably has a few hundred other churches with roots in the Middle Ages. The coin findings in these churches reveal how widely coins were being used in Norwegian settlements 800 years ago.

One gender on either side

In the Middle Ages people stood during church. Only the old and infirm got to sit on benches along the sides. Presumably there was also a clear division between the sexes. Women stood on the north side of the sanctuary and men on the south side.

"When we investigated where in the church rooms hairpins, beads and other objects associated with women were located under the floorboards, we found that more than 95 percent were below the north side of the sanctuary," says Svein Harald Gullbekk, an archaeology researcher at the University of Oslo.

Thus, Gullbekk confirmed the strict division of medieval churches, where women had to stand on the side that people connected with the dark and cold forces in nature. The men stood on the south side.